



Questions to Ask Your Surgeon

You will likely have many questions for your surgeon, and we want you to ask them so you have the best opportunity for a successful outcome. Please see our suggested list of questions to ask your surgeon, and be sure to add your own so that you are confident and informed about your health.

What can I eat or drink before the surgery?

I smoke cigarettes. Should I stop smoking before surgery?

Can I take my prescription medications before and after surgery?

Can I take my dietary supplements or vitamins before and after surgery?

How long will I need to stay in the facility after my surgery?

Which prescriptions or pain medications will I need?

Can I get prescriptions filled before surgery?

Which kinds of therapies or rehabilitation will I need after my surgery?

I do _____ for a living. When can I return to work?

Will I need someone with me while I recover? For how long?

When can I consume alcoholic beverages before and after my surgery?

How long after the procedure before I can drive? walk? lift weights? have sex?